



Special Projects Group Ltd



# Fully Online SPG Security Training Courses Lone Worker Security Awareness Training Course



# FULLY ONLINE COURSES

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## Lone Worker Security Awareness Training

This Special Projects Group fully online, CPD Accredited, Lone Working Awareness Dealing with Conflict course has been provided in Strategic Partnership with VIRSEC Ltd.

The course is designed to assist in raising the awareness of the potential dangers that are associated with persons working alone, often in isolated environments, such as care workers, social workers, emergency responders, etc. and the practical steps that can be taken to assist in the mitigation and control the associated risks of a security-related incident.

### About the Course

It is estimated that there are between 123 and 205 assaults every day on lone workers working within the United Kingdom alone.

Under the Health & Safety Executive [HSE], your employer has specific duties under a 'duty of care' to protect you, and to provide you with support and relevant training, maintaining regular contact with you, and assisting in preventing work-related violence.





## Objectives of the Course

1. The Learner will understand what is meant by Personal Security and the associated topics.
2. The Learner will gain an understanding of the Psychology of Conflict Situations and the related sub-topics.
3. The Learner will gain an insight into the Threat Pyramid and understand the various States of Mental Readiness.
4. The Learner will understand the Fight, Flight, Freeze Responses and ARM-BAR.
5. The Learner will gain an understanding of Conflict Management & De-Escalation.
6. The Learner will be able to demonstrate the types of improvised self-defence measures that can be utilised in a self-defence situation.
7. The Learner will understand the requirements for Due Diligence, and post-event planning.

## Awarding Body

This course is fully accredited by the CPD Accreditation Board. Upon successful completion, learners will receive a PDF certificate via the eLearning system.





## Course Subject Areas

The online Anti-Kidnap & Hostage-Taking Course consists of the following subject areas:

- Types & Areas of Kidnapping
- Hostage-Taking
- Kidnapping Targets
- The Kidnapping Process
- Hostage-Taking: Motives
- Hostage-Taking: Resolution
- Hostage-Taking: Effects
- Hostage-Taking: Coping
- Managing a Kidnapping Event

## Classroom-Based Training Courses

Special Projects Group also run private (Closed) courses within a classroom environment for their clients at our facilities, or at the Clients location (pending disclosure).

If you wish to learn more about this service, please either visit our website, or email us at:

[enquiries@SpecialProjectsGroup.org](mailto:enquiries@SpecialProjectsGroup.org)

with the Subject as **LWSAT Classroom Enquiry**, and a member of our team will respond to you within 24 to 48 hours.

Courses are for eight or more learners and can also include other / bespoke information that the client wishes to add.







## Contact Information

To contact a member of the team, please either email us using the address provided below, or go to the website and complete the Contact Us Form. The link to the SPG website is provided below.

Thank you for your interest in our services.

**Email:** [enquiries@SpecialProjectsGroup.org](mailto:enquiries@SpecialProjectsGroup.org)

**Website:** [www.SpecialProjectsGroup.org](http://www.SpecialProjectsGroup.org)

