



## SPG Tactical Training & Solutions Wing

### Combat Defence System (CDS) Training Package

- CDS Level 1: Self-Defence Training
- CDS Level 2: (2a) Kubotan and (2b) edged Weapon Training
- CDS Level 3: Tactical Secondary System
- CDS Level 4: Tactical Primary System
- CDS level 5: Advanced Search Procedures



Approved Centre



+44 (0)7584 353 932



[enquiries@SpecialProjectsGroup.org](mailto:enquiries@SpecialProjectsGroup.org)

# Special Projects Group Ltd.

## Hostile Environment Lead Operator (HELO) Programme

### What is HELO?

As the title states, HELO stands for the Hostile Environment Lead Operator, and this is a bespoke programme designed by SPG to enable and enhance the overall effectiveness, operational capabilities and readiness of Military, Law Enforcement and Private Security Sector personnel.

### The Aim of HELO

The aim of HELO is to provide the individual operator within a team key skill sets that have until now, been overlooked as fundamental necessities. By raising the operational readiness and capability of your personnel, we mitigate risks associated with high-threat operations and ultimately increase their operational performance and chances of success.

### How We Provide HELO

HELO consists of six key skill subject areas designed to be provided as (a) classroom-based training, (b) online training, or (c) blended training packages. These subject areas are listed to the right, and we can design and provide a bespoke package around these to adapt to any new, or existing training programme.

- 1 Non-Verbal Surveillance & Analysis Training (N-VSAT) Package
- 2 Hostile Environment Readiness Training (HERT) Package
- 3 Hostile Environment Close Protection Operator (HECPO) Package
- 4 Leadership Training (LEADER) Package
- 5 Combat Defence System (CDS) Package
- 6 Advanced Search Procedures (ASP) Package

*“... We don't rise to the level of our expectations; we fall to the level of our training ...”*

Archilochus (680 - c 645 BC)



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# Combat Defence System (CDS) Training Package

Combat Defence System™ is an effective combination of empty hand, weapon and firearm training for personnel within the Military, Law Enforcement or Private Security Sector.

## CDS Level 1: Self-Defence Training

As with any potential volatile or austere environment, there will be times when you may find yourselves confronted by an individual, or group of people who may be intent on causing you physical harm. SPG have devised a system of both defensive and offensive techniques, which are easy to use and simple to master, and are ideal for self-defence purposes.

## CDS Level 2: (2a) Kubotan and (2b) Edged Weapon Training

The Kubotan is a highly effective, close quarter, self-defence 'tool' based on a keychain that was developed by Soke Takayuki Kubota in the late 1960's. It is used primarily to gain instant compliance through use of nerve and 'soft area' pressure, or by striking into key pain areas of the body.

SPG incorporate this into their CDS Level 2a Course, and participants are instructed by experienced Directing Staff.

SPG also provide a knife defence module on their CDS Level 2b Course for Edged Weapons. Here participants will receive instruction on how to utilise an edged weapon for both defensive and offensive purposes.

**Please Note:** CDS Level 2b Courses will only be instructed to Military Personnel, Law Enforcement Personnel, and Private Security Companies (under official contracts).



## CDS Level 3: Tactical Secondary System

Tactical Secondary System Training is ideal for both single operators and team members conducting Close Quarter Combat (CQC) or Modern Urban Combat (MUC) Operations.

Participants are instructed on critical areas of the effective use and tactical implementation of secondary systems for Dynamic and Deliberate Entry Drills, Room Clearing, and associated scenarios.

**Please Note:** CDS Level 3 Courses will only be instructed to Military Personnel, Law Enforcement Personnel, and Private Security Companies (under official contracts).

## CDS Level 4: Tactical Primary System

Tactical Primary System Training is ideal for both single operators and team members conducting Close Quarter Combat (CQC) or Modern Urban Combat (MUC) Operations.

Participants are instructed on critical areas of the effective use and tactical implementation of secondary systems for Dynamic and Deliberate Entry Drills, Room Clearing, and associated scenarios.

Other areas covered include Transitioning to Secondary Systems, Weapon Carriage, Clear & Reload, and much more.

**Please Note:** CDS Level 4 Courses will only be instructed to Military Personnel, Law Enforcement Personnel, and Private Security Companies (under official contracts).

## CDS Level 5: Advanced Search Techniques

Personnel attending these CDS Courses will also be eligible to receive Advanced Search Techniques Training for high-risk search requirements. Students attending this course must be familiar with low to medium-threat search techniques such as wall search, seated search, and minor stress position searching.





## Contact Us Information

To contact us to discuss any of our training or services, please use the information provided below.

Please Note: All correspondence and communications are treated with the strictest of confidence, and no details are passed onto any third-party without your express, written consent.

**Special Projects Group Ltd.**

Unit 2a(ii), Beehive Mill  
Jersey Street  
Manchester  
M4 6JG  
United Kingdom

**E:** [enquiries@SpecialProjectsGroup.org](mailto:enquiries@SpecialProjectsGroup.org)

**T:** (WhatsApp): +44 (0)7584 353 932

**T:** DDI: +44 (0)333 016 8772

**W:** [www.SpecialProjectsGroup.org](http://www.SpecialProjectsGroup.org)

