



# Special Projects Group Ltd.

Tactical Training & Solutions

## Professional Security (PROSEC) Training Programme

E: [enquiries@SpecialProjectsGroup.org](mailto:enquiries@SpecialProjectsGroup.org)  
W: [www.SpecialProjectsGroup.org](http://www.SpecialProjectsGroup.org)





## About Special Projects Group

At Special Projects Group we are a team of elite professionals with backgrounds in the UK's Royal Marines Commandos, Special Forces Support Group (SFSG), Private Security, and Law Enforcement.

Our core mission is to build partnerships, supporting businesses and organisations in addressing today's most complex security challenges and environments. We do this by delivering trusted, bespoke, high-quality Security Training and Consultancy Services that are strategically aligned with your operational objectives.

Leveraging extensive experience from decades of operational experience, combined with a modern, intelligence-led approach, we provide expert guidance that helps safeguard your assets, mitigate risk, and enhance organisational resilience.

By combining specialist expertise with a forward-thinking approach, we equip our clients with the knowledge, capability, and confidence to proactively address security challenges, protect critical assets, and build long-term resilience.

## About the Professional Security (PROSEC) Training Programme

The Special Project Group's Professional Security (PROSEC) Programme delivers cutting-edge, real-world training designed to empower individuals with the skills needed to thrive in today's complex security landscape.

Whether you're looking to master an effective self-defence system through our Combat Defence System (CDS), PROSEC offers a comprehensive suite of courses tailored to meet diverse operational needs. Our mission is simple: to provide proven, practical, and scalable security solutions that work in the field; not just in theory. Each course is built around rigorous, experience-driven instruction to ensure you walk away with confidence, competence, and capability.

### PROSEC Programme

Combat Defence System - Defensive Measures Foundation (CDS-DMF)

Combat Defence System - Defensive Measures Intermediate (CDS-DMI)

Combat Defence System - Defensive Measures Advanced (CDS-DMA)

Combat Defence System - Close Quarters Combat (CDS-CQC)

Combat Defence System - Physical Restraint Techniques (CDS-PRT)